

# INTERNATIONAL STUDENT EXCHANGE WITH INTERNATIONAL CHRISTIAN UNIVERSITY (ICU) Monday, July 8, 2019 @ NYC



International Christian University Tokyo, JAPAN

## Program

- 11:30am  
LaGuardia students arrive at Japan ICU Foundation (Orthodox Room on the 1st floor, 475 Riverside Dr Suite 439, New York, NY 10115)
- 12:00pm-12:15pm  
Welcome, Self-introduction, & do's and don'ts for the group field work
- 12:30pm-2:30pm  
Each group will leave Japan ICU Foundation for LaGuardia Community College (E-501, 31-10 Thomson Avenue, Long Island City, NY 11101) on four different routes (see below)
- Lunch (please keep receipts!)
- 2:30pm  
Arrive at LaGuardia (Room E-501, 31-10 Thomson Avenue, Long Island City, NY 11101)
- 2:30pm-3:15pm  
Prepare for the group presentations (Wifi password: xxxxxx / Computer Lab in E-103)
- 3:15pm-4:00pm  
Group presentations
- 4:00pm  
Photo opp & Concluding remarks

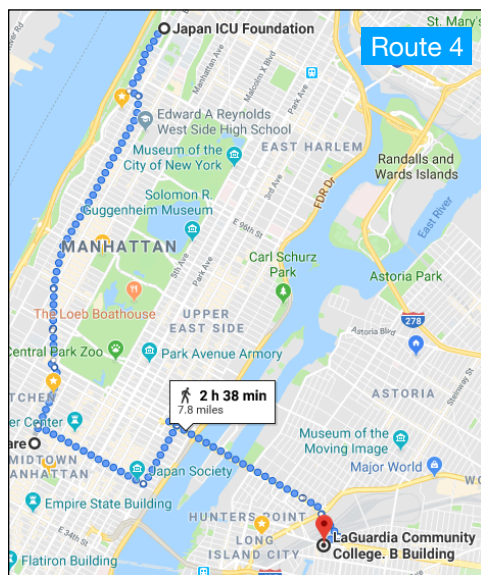
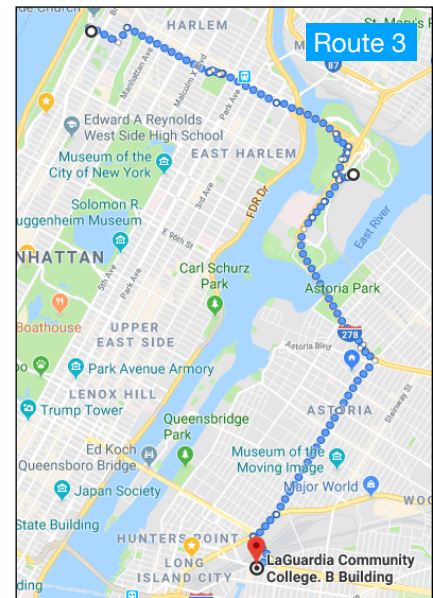
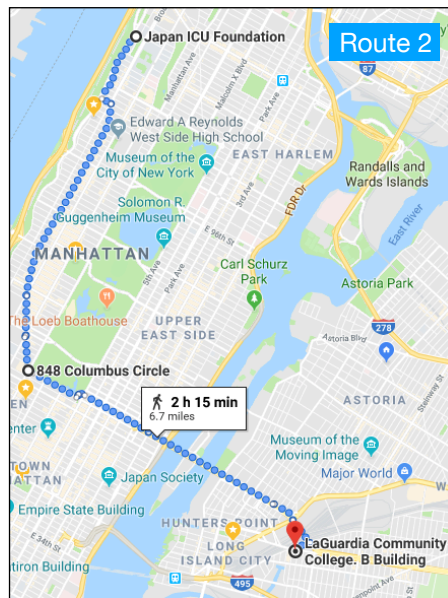
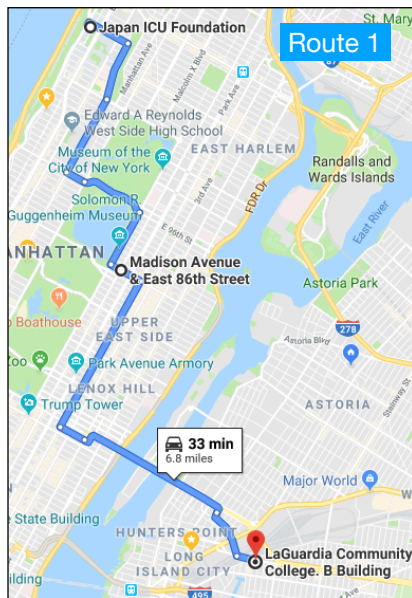
## Group presentation topics/instructions for the field work

1. Identify distinctive features of the neighborhoods in your routes. The features may include but not limited to:
  - a. Local community (people, ethnicity, age, gender, socio-economic class etc)
  - b. Commerce and industry
  - c. Geographic features
  - d. Language
  - e. Aesthetic features (art)
  - f. Diversity
  - g. Culinary culture
  - h. Religious institutions
  - i. And any other features
2. Catalog these instances with digital photo or video. You will be using these digital materials for your presentation later in the day.
3. If you can, you should also consider interviewing people in the local community. If you are going to videotape your interview, please make sure to show courtesy by introducing yourselves and the purpose of your interview. Do not presume that everyone is willing to be interviewed.
4. After arriving at LaGuardia, you will be given 45 minutes to prepare your presentations on laptops.

# Groups

Group	ICU	LaGuardia
ROUTE		
ROUTE		
ROUTE		
ROUTE		

## Maps (maps are approximation)



- Things to remember during the filed work:
1. You should arrive at LaGuardia Community College by 2:30pm.
  2. Take as many photos and videos as possible. Take notes about your experience. You will be making a presentation using these resources
  3. Ask questions to your group members from the other institution. Do not stay with someone from your own school.
  4. Keep receipts for lunch.
  5. Call, text, or e-mail the program facilitators if there is any emergency or change in your plan/route

### Group 1 Route: Upper East

1. Walk to 116 Street Station - Columbia University (0.3 mi for 7 mins)
2. Subway towards South Ferry (1.5 mi for 6 mins) From 116 Street Station - Columbia University To 86 Street Station / Broadway - 7 Avenue Local 1 (4 stops)
3. Bus towards Select Bus Yorkville 1AV-92 St Crosstown (1.2 mi for 8 mins) From W 86 Street & Amsterdam Avenue To E 86 St & Madison Av / Yorkville - West Side M86-SBS (5 stops)
4. Walk on Madison Ave to 68th street (0.4 mil for 15 min)
5. Walk to 68th Street Hunter College (400 feet for 5 min)
6. Lunch near Hunter College (Mighty Bowl, Burger One, Dos Toros Taqueria etc)
7. Subway towards Brooklyn Bridge - City Hall (0.4 mi for 2 mins) From 68 Street Station To 59 St-Lexington Av Station / Lexington Avenue Local 6 (1 stops)
8. Walk to E 59 St/Lexington Av (223 ft for 1 min)
9. Bus towards JACKSON HTS NORTHERN - 81 via ROOSVLT (2.1 mi for 10 mins) From E 59 St/Lexington Av To Queens Blvd/Skillman Av / Jackson Heights - Penn Station Q32 (4 stops)
10. Walk to LaGuardia Community College (0.1 mi for 3 mins)

### Group 2 Route: Upper West

1. Walk to 116 Street Station - Columbia University (0.3 mi for 7 mins)
2. Subway towards South Ferry (1.9 mi for 7 mins) From 116 Street Station - Columbia University To 79 Street Station / Broadway - 7 Avenue Local 1 (5 stops)
3. Walk on Broadway to Lincoln Center (17 mins)
4. Lunch near Lincoln Center
5. Walk on Broadway to Columbus Circle (15 min)
6. Subway towards Coney Island - Stillwell Av (0.5 mi for 2 mins) From 59 St - Columbus Circle To 7 Avenue Station / 6 Avenue Express D (1 stops)
7. Walk to 7 Avenue Station (1 ft for 1 min)
8. Subway towards Jamaica Center - Parsons/Archer (2.6 mi for 8 mins) From 7 Avenue Station To Queens Plaza Subway Station / 8 Avenue Local E (4 stops)
9. Walk to LaGuardia Community College (0.4 mi for 9 mins)

### Group 3 Route: Harlem, Randall's Island, and Queens

1. Walk to Broadway/W 120 St (0.2 mi for 3 mins)
2. Bus towards Select Bus Service LaGuardia Airport (0.8 mi for 6 mins) From Broadway/W 120 St To West 125 Street & St. Nicholas Avenue / LaGuardia Airport - West Side M60-SBS (3 stops)
3. Walk to Apollo Theater (0.1 mi for 2 mins)
4. Walk to Whole Foods Market Harlem (100 W 125th St, New York, NY) (0.3 mi for 6 mins)
5. Lunch at Whole Foods Market Harlem
6. Walk to W 125 Street & Malcolm X Blvd (98 ft for 1 min)
7. Bus towards Select Bus Service LaGuardia Airport (3.7 mi for 16 mins) From W 125 Street & Malcolm X Blvd To ASTORIA BLVD / 31ST St / LaGuardia Airport - West Side M60-SBS (4 stops)
8. Walk to Ditmars Blvd Station (0.4 mi for 10 mins)
9. Subway towards Coney Island - Stillwell Av (2.4 mi for 9 mins) From Ditmars Blvd Station To Queensboro Plaza / Broadway Local N (1 stops)
10. Walk to Queensboro Plaza (1 ft for 1 min)
11. Subway towards Flushing - Main St (0.7 mi for 3 mins) From Queensboro Plaza To 33 St- Rawson St / Flushing Local 7 (1 stops)
12. Walk to LaGuardia Community College (0.2 mi for 4 mins)

### Group 4 Route: Midtown West & East

1. Walk to 116 Street Station - Columbia University (0.3 mi for 7 mins)
2. Subway towards South Ferry (3.9 mi for 15 mins) From 116 Street Station - Columbia University To Times Sq-42 St Subway Station / Broadway - 7 Avenue Local 1 (10 stops)
3. Walk to Times Square (0.1 mi for 3 mins)
4. Lunch near Times Square
5. Walk to Bryant Park (15 mins)
6. Walk to Grand Central Terminal (0.3 mi for 6 mins)
7. Subway towards Flushing - Main St (3.2 mi for 12 mins) From Grand Central-42 Street Station To 33 St- Rawson St / Flushing Local 7 (5 stops)
8. Walk to LaGuardia Community College (0.2 mi for 4 mins)

## Emergency Contact

For Immediate Emergencies:

1. Dial 911 from any phone. This will put you in contact with the call center that handles the police, fire department, ambulances, etc.
2. Also, contact one of the program facilitators

Tomonori Nagano, Associate Professor  
LaGuardia Community College  
Email: tnagano@lagcc.cuny.edu  
Cellphone: xxxxxxxx  
Line ID: xxxxxxxx

Luke Palermo, Program Assistant  
JICUF  
E-mail: xxxxxxxx  
Cell: xxxxxxxx

## Emergency Policies

We strongly stress that participants must stay together with their assigned group when traveling. This should alleviate the possibility of lost participants. At each activity/location, always agree on a meeting point with the group in case someone gets separated.

3. Lost or missing participant
  - Find out from his/her team the last time they saw the member
  - Make sure all other members are accounted for
  - Call one of the program facilitators
  - Participants will have your cell phone number or Line ID so wait for the phone call
  - If participant does not call immediately, the group must return to the last location visited or at the agreed meeting point.
4. Medical emergencies, including serious injuries  
Actions to take if an accident occurs and a student is hurt
  - Never fail to give aid (err on the side of caution - give first aid only if you are trained.)
  - Due to the possibility of neck and spinal injury, do not move the student
  - Call 911
  - Call one of the program facilitators
  - Make sure all other members are accounted for and help from another university student to remove them from the immediate scene.
5. If participant becomes ill
  - If a participant gets sick, call one of the program facilitators so that she/he can take the sick participant to the doctors, if necessary.
6. Participant is robbed
  - Call 911 and report incident
  - Call one of the program facilitators
7. Participant has lost something
  - If one of the group members has lost something valuable (e.g., passport, wallet, computer, cellphone etc), make sure to search for the lost item as a group. Do not leave the group member alone. Contact the program facilitators so that they can help your search.
  - If the item is not valuable (e.g., umbrella, books, bags etc), continue your trip in the group. Unfortunately, it's very unlikely that you will find your lost item in NYC.